

## Make A Quillow

### Fabric Needed:

2 yards (prefer 100% cotton) for quillow back (42" to 44" fabric)

2 yards (prefer 100% cotton) for quillow front (42" to 44" fabric)

½ yard (prefer 100% cotton) for pocket (can be coordinating print or the same as either the back or front)

2 ½ yards low-loft batting, or flannel or fleece (width of cotton fabric)

The size of the quillow will be the width of fabric (WOF) and 2 yards in length. The pocket is two 17" squares. Seams are ¼".

### Quillow Assembly:

Place 2 pocket squares right sides together. Place paired squares atop a 17" batting/flannel/fleece square; pin. Stitch around three outer edges, leaving one side open to turn. If pocket fabric has a directional design, leave opening at bottom edge of pocket. Trim corners. Turn pocket right side out. Quilt, if desired. With right sides facing, center pocket along bottom edge of quillow back fabric, aligning raw edges. Machine baste in place.

NOTE: The side of the pocket that is placed facing the quillow back will become the front of the pillow when the quillow is folded up.

Place quillow front fabric atop batting rectangle, right side up; place quillow back fabric (with pocket attached) atop quillow front fabric, right sides facing. Pin; stitch around outer edges, rounding corners. Use a cup or similar round object as a guide to mark rounded corners. Leave a 12" opening on one side for turning.

Trim excess fabric. Turn quillow right side out through opening. Whipstitch or top stitch opening closed. (Optional) After turning right side out, you can top stitch all around to make a crisp edge. To secure the pocket, stitch through all layers, stitching pocket down; continue stitching (through all layers) to opposite edge of quillow. Do the same on the other side of the pocket. These lines will act as the folding lines as you fold to put in pocket.

NOTE: A great way to mark the stitching lines for the two lines of quilting that will hold the layers together is to fold and lightly press the quillow front fabric, pressing two lengthwise guidelines.

### Folding Quillow:

Turn the quillow over so the pocket is underneath. Fold lengthwise along quilting lines. Fold down the quillow twice. Turn the pocket right side out, tucking the folded quillow into the pocket to make a pillow.

NOTE: If you are going to use flannel as the batting, it might be a good idea to wash the flannel first. It tends to shrink more than cotton fabric. The quillow will be completely washable after completion.